

- Br Branklet
- Brm Bridgemarsh
- Ca Canewdon
- Cla Clarks
- Cl Cliff
- Cr Crouch
- Crw Crow
- CR Cliff Reach
- Hol Holliwell
- Hs Horse Shoal
- IC Inner Crouch
- Ju Jubilee
- LE Lands End
- OC Outer Crouch
- Pin Pinto
- Re Redward
- Ro Roach
- Rpi Ron Pipe
- RB Rubber Ball
- Ro Roach
- SPr Short Pole Reach
- TG Tony Glaze
- WQ West Quay
- WN Wallaseaness
- XR1 Crossrail 1
- 1 Fairway No. 1
- 3 Fairway No. 3
- 5 Fairway No. 5
- 7 Fairway No. 7
- 9 Fairway No. 9
- 11 Fairway No. 11
- 13 Fairway No. 13
- 15 Fairway No. 15

**Medical Emergency – Recommended Actions**

Call the emergency services by dialling 999, or if you are afloat by calling Thames Coastguard on VHF Channel 16.

If using a phone, you will be asked which service you require. If you need assistance in getting the casualty back to shore, your call must be to the Coastguard who will co-ordinate the RNLI and Ambulance Services.

Ensure that your phone has sufficient battery and that you know the number.

You will be transferred to the Ambulance Dispatch Centre / Coastguard who will request information on the vessel and casualty, including:

Location of the emergency – either a latitude and longitude from your GPS or a distance and bearing from a prominent land mark or buoy;

Proposed rendezvous with Ambulance Service e.g. RCYC Pontoon; Type of injury/illness - consciousness, bleeding and other Symptoms;

Do not hang-up until instructed to do so. The call handler may provide advice about how you can help the patient.

